
S

– **Scripture:** Choose a passage, read it slowly, and physically write out the verse or verses that stand out to you in a journal. Writing it by hand increases retention and focus.

O

– **Observation:** Write a few sentences reflecting on what you just read. Pay attention to the context, the audience, key themes, and ask yourself what the Holy Spirit might be revealing to you about God's character.

A

– **Application:** Personalize the passage. Ask yourself, "How does this apply to my life right now?" Write down a specific, actionable step you can take to put this truth into practice today.

P

– **Prayer:** Finish by writing out a prayer to God. Praise Him for what you've learned, confess any areas where you fall short, and ask the Holy Spirit to help you apply these lessons to your life.

S CRIPTURE

OBSERVATION

A APPLICATION

P RAYER
